

Curriculum Vitae

Professor Hassan A Nasrat
Professor Of Obstetrics and
Gynecology –Faculty of Medicine
King Abdul-Alziz University

(Revised July 2013)

Contents

- i.** Personal Data
- ii.** Present post and Assignment
- iii.** Qualifications
- iv.** Professional Experience
- v.** Membership in Scientific Societies
- vi.** Current and Previous Scientific and Assignments:
- vii.** Non Clinical Duties and Activities
- viii.** Academic Postgraduate Activities
- ix.** Research Grants
- x.** Continuous Medical Education
- xi.** Papers Read At Meetings
- xii.** Publications in Journal

i. Personal Data

Full Name : Hassan Ali Nour El Din Nasrat
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ii. Present Posts and Assignments:

- **Professor of Obstetrics and Gynecology, Faculty of Medicine, King Abdul-Aziz University Hospital- Jeddah- Saudi Arabia.**
- **Director of the Fetal Medicine Unit at the University hospital.**
- **Chairman of the Unit of Medical Bio-Ethics at the Faculty of Medicine King Abdul-Aziz University.**
- **Member in the Scientific Council and Examination Committee of Obstetrics and Gynecology of the Saudi Commission of Health Specialties since 2002 up till 2010.**
- **Editor In-Chief of the Saudi Journal of Obstetrics and Gynecology.**
- **Chairman / Coordinator of the Medical Ethics Module in the integrated new curriculum of the Faculty of Medicine**
- **Consultant / Director of Obstetrics and Gynecology and Fetal Medicine of the Specialized Center For Fetal and Maternal Medicine (private) at First Clinic in King Abdul-Aziz Road, Jeddah**

Previous Posts:

- **Chairman of the Department of Obstetrics and Gynecology, King Abdul-Aziz University Hospital (2004-2006)**
- **Chairman of the Obstetrics and Gynecology Saudi Health Specialty Training Committee in the Western Region (2003-2006).**
- **Chairman of Royal College of Obstetrician and Gynecologists (RCOG) Reference Committee in Saudi Arabia (2001-2006).**
- **Chairman/ Coordinator of the Genetic Module in integrated curriculum of the Faculty of Medicine**

iii. Qualifications:

M.B.B.Ch	Cairo University, Egypt, July 1972.
F.R.C.S (Obstetric/Gyn)	Royal College of Surgeon , Edinburgh, UK, 1979.
M.R.C.O.G.	Royal College of Obstetrician and Gynecologists, London, July, 1981.
F.R.C.O.G.	Royal College of Obstetrician and Gynecologists, London, June, 1996.
	➤ Certificate of completion of training in Ultrasound and Fetal Medicine from the institute of Obstetrics and Gynecology, Queen Charlotte Hospital, London, UK, April 1990.
	➤ European Diploma in Laparoscopic Surgery in Gynecology 2003
	➤ Certificate of completion “The Foundation of Medical Education Program 2008” – The Department of Medical Education – University of Illinois at Chicago in collaboration with King Abdulaziz University, Jeddah, Saudi Arabia.

Subspecialty Interest:

Fetal Medicine, High Risk Pregnancy and Prenatal Diagnosis.

I completed one year of working in the Fetal Medicine unit (1989-1990) at Queen Charlottes' Hospital under the direction of Professor Charles Rodeck.

After my return I sat-up the unit of Fetal-Maternal Medicine at KAUH in 1990, and was responsible for the development of its working protocol. This was the first unit of its kind in the Western Region. It is now established as a referral unit for high risk pregnancy, prenatal diagnosis and fetal therapy. Invasive procedures such as chorion villus sampling and intrauterine transfusion are being performed in the unit.

iv. Professional Experience:

- **1972-1974:** Following graduation in September 1972 and completion of Intern year (1972 – 1973). I spend one year as resident in Obstetrics and Gynecology at El-Gala Maternity Hospital, The Primary and Main Maternity Hospital in Cairo.
- **1974-1982:** I subsequently completed my training in the United Kingdom until over a period of eight years till 1982. During these years I was also preparing for the MRCOG and FRCS. In UK I held several posts starting from senior house officer until a senior registrar grade. I successfully passed the examinations of the Royal College of Obstetrics and Gynecology (MRCOG) and The Royal College of Surgeon (FRCS).
- **October 1982:** I returned back to Saudi Arabia and was appointed as Senior Register in Obstetrics and Gynecology at King Abdulaziz University Hospital.
- **1985:** Subsequently I was appointed as a Consultant and Assistant Professor in 1985.
- **1993:** Following satisfactory completion of requirements I was promoted in 1993 to Associate professor of Obstetrics and Gynecology.
- **1999:** I was appointed as Professor of Obstetrics and Gynecology at the King Abdul Aziz University Hospital.

Special Training / Experience:

May 1989 - April. 1990 : Honorary Consultant at the Fetal Medicine unit, Queen Charlotte Hospital, London, UK.

August 1993 : Visiting staff to Fetal Medicine and Fetal Echocardiography Unit at Tufts University, Boston, USA.

Special Award and Grade:

In 1997: Excellent Grade Survey by the Medical Education Unit At the Faculty of Medicine, King Abdul-Aziz University.

1999 Certificate of Appreciation for participation in setting and establishing The Islamic Curriculum in Medicine for the Faculty of Medicine.

2009-2010: Membership in Who's Who Registry of Executive and Professionals.

v. Scientific Societies Membership:

1. Member of the American Society of Reproduction since 1998.
2. Member of the Executive Board of the Saudi Arabian Fertility Society (SAFES) since February 1999.
3. Twice elected Member of the Executive Board of the Saudi Society of Obstetrics and Gynecology (Previously founder of the society and member of its first board in 1988).
4. Member in the International Society for Gynecological Endoscopy.
5. Member of the executive board of the Saudi Thalassemia Society since 1993.
6. Member of the British Medical Ultrasound Society since 1989.
7. Member in the International Society for the Study of Hypertension in Pregnancy since 1991.
8. Member in the National Geographic Society since 1995.
9. Member in the Middle East Fertility Society 1993.

vi. Current and Previous Scientific and Clinical Assignment:**Current Membership in Administrative and Scientific Committee:**

- **Chairman** of the hospital committee for **Ethics in Medical Practice**
- Member of the **Faculty Committee for Monitoring of the New Curriculum**
- Member of the **Faculty Sub-curriculum Committee.**
- Member of the **Hospital Accreditation Committee for Sub-specialization.**
- Member of the **Committee for Promotion of Research.**
- **Chairman** of the **Hospital Transfusion Committee.**
- Coordinator of the **Committee For Setting The Genetic Module** for the fourth year undergraduate new integrated curriculum 2004

Previous Assignments:

- Chairman of the **Western Region Training Committee** for the Saudi Board Residency Program since October 2003-2006.

- Member Of The Board of Authors Of The “International Journal Of Gynecology by Fax” for (January 2000- December 2003)

- Director of King Abdulaziz University Hospital Residency Training Program for the Saudi Specialization Degree in Obstetrics and Gynecology for four years form 1998-2002.

- Elected member of the RCOG Reference Committee of Saudi Arabia: In May 1997 for 6 years.

- World Health Organization Expert in Gestational Diabetes: Invited to lecture in the First International Workshop on Gestational Diabetes Organized by the Pakistani Diabetic Association in Collaboration with the WHO. Karachi, Pakistan, April 1995.

- World Health Organization Temporary Advisor: Alexandria, Egypt, November 1995. For Regional Consultation on “Standardization of Research Methodologies Related to Control of Hereditary Disorders”, Alexandria, 12-15 November 1995.

- Representative of the Department of Obstetrics and Gynecology, King Abdulaziz University in Heidelberg 1995 in the Committee for Development of Scientific Cooperation Between Departments of Obstetrics & Gynecology of Saudi University and Heidelberg University , Germany.

vii. Non - Clinical duties and activities:

- 1) Participation in setting and establishing The Islamic Curriculum in Medicine.
- 2) Chairman of the Hospital Ethical Committee since September 2004.
- 3) Chairman of the Hospital (KAUH) Transfusion Committee since 2001 till now.
- 4) Member of the Hospital (KAUH) Ethics Committee since 2000 .
- 5) Member of the Board of Directors of the King Fahad Medical Research Center form 2000-2002.
- 6) Member of the faculty committee for ethics in research methodology, 1996-1999.
- 7) Coordinator of the OSCI committee “Objective Structured Clinical Instruction examination”.
- 8) Coordinator of the department committee for “Continuous Medical Education”.
- 9) Coordinator of the department “Research and Ethics Committee” since 1995.
- 10) Member of the committee on clinical protocol 1995.
- 11) Coordinator of the “Perinatal Mortality Committee” since 1994-1998.
- 12) Member of the postgraduate training committee since 1993.
- 13) Member of the Board of the Saudi Thalassamia Society since 1993.
- 14) Member of the histopathology committee (1988 - 1989).
- 15) Member of the Intensive Care Unit Committee (1988 - 1989)
- 16) Development of a postgraduate residence training protocol in 1986.
- 17) Development and update of Obstetric Medical Record in 1986.
- 18) Member of the Committee for Medico-legal litigation in the Western Region (1985-1989).

viii. Academic Postgraduate Activity:

Supervision of Post-Graduate Degrees:

1. Supervisor of Ph D degree on “Biochemical markers in pregnancy between 14-20 Weeks” 2001, Al Azhar University, Cairo (Completed in 2005)
2. Supervisor of Master’s Degree in Science “ Iron Status in Saudi Pregnancy” by S. H.Baroum. Department of Biochemistry, Faculty of Science 1989.
3. Supervisor of Master’s Degree in Science “ Fetal - Mother Iron Status Relationship Among Saudi Pregnant Women” by K. Baalmash, Department of Biochemistry, Faculty of Science 1989.
4. Clinical Supervisor for Ph D degree on “ Study on Prostaglandin Metabolism in Pre-eclampsia” in collaboration with Nottingham University, UK. 1993.
5. Master Degree on "Folic Acid Status Among Pregnant and Non Pregnant Population" completed in July 2008 (Faculty of Science, Student name Abeer Ardwy)

Postgraduate Examinations:

- Invited Examiner in all Saudi and Arab Board Final Examination Since its Inceptions and Until Now.
- Invited Examiner in Part II examination of the College of Physician and Surgeon of Pakistan in December 2002.
- Invited Instructor and Tutor Postgraduate Courses for the Final Examinations in King Abdul-Aziz University Hospital in Jeddah, Military Hospital in Riyadh since the founding of that course and till now.

Post Graduate Training:

- **2001-up till now:** member Scientific Council of Obstetrics and Gynecology of the Saudi Health Specialty.
- **2007- till now:** member in the examination committee of the Saudi commission in Obstetrics and Gynecology
- **2003-2006:** Chairman of the scientific committee of training for the Saudi Board of Obstetrics and Gynecology in the Western Region.

- **1998-2002:** Director of the postgraduate training program for the Saudi Board in Obstetrics and Gynecology in the Western Region.

ix. Research Grants:

1. Principal Investigator for project No. EP-05-1, 1986 “ Establishment of Microsurgical Tubal Laboratory and Development of Training Program” King Fahad Research Center.
2. Principal Investigator for project # EP-0504, 1986 “ The use of glycosylated hemoglobin in the management and diagnosis of disorders of carbohydrate metabolism in pregnancy”. King Fahad Research Center.
3. Principle investigator for project # 410/025, 1991-1993 “Gestational diabetes mellitus: a prospective study” King Abdulaziz University.
4. Co - Investigator in project, 1992-1994 Project # 132/412 “ Vitamin D Metabolism in pregnancy - prospective study” King Abdulaziz University.
5. Co - Investigator WHO research project on “ Low birth weight in El Taif region” 1991 - 1992.
5. Co - Investigator, research project on “ Teen age pregnancy - study in a Saudi rural population” Ministry of Health. 1992.
7. Principle Investigator for project No 417/112 “ Epidemiological, cytogenetic, and biochemical study of malformations - multi-center study” 1999-2000.
8. Co - Investigator in project No 417/113 “ Gestational Diabetes in Western Region” 1996-1998.
9. Co- Investigator in Project # 012/418 “ Thyroid function during pregnancy prospective study” 1998-2001.
10. Co-Investigator in Project “ Effect of Cryopreservation on rate of Apoptosis: Study on Mice Embryos” (In progress)
11. Co-Investigator in Project # 605/420 “ Establishment of a Program for the Study of Osteoporosis in Saudi Arabia” (In progress).
12. Co-Investigator in Project # 003/422 “ Fetal DNA in Maternal blood and biochemical markers in pregnancy” (In progress).

x. Continuous Medical Education:

❖ Courses and symposium that I had primary Responsibility in its organization:

- **Regional Course for Part II MRCOG examination:** I am responsible for the conduction of regular courses for MRCOG part II. The course was founded seven years ago and still going up till now.
- **I was member in the organizing committee of most of the Annual meeting of the Saudi Obstetrics and Gynecologic Society.**
- **2012: Chairman and Organizer for the first International meeting on “Controversial issue in Fetal Medicine-The Middle East Experience”.**
- **2009: Chairman and Organizer of the First International Meeting Titled: “Successful aging for women” held in Intercontinental hotel in Jeddah in collaboration with the RCOG, FIGO and WHO.**
- **2005: Chairman of the Scientific Committee in the 8th Pan Arab Congress of Obstetrics & Gynecology, Jeddah.**
- **2004: 21-26 February: Director and Organizer of Course on Basic Laparoscopy in collaboration with Clermont Ferrant University in France.** Held in Jeddah. Speaker in the course on: Energy Sources, Instrumentation in Laparoscopy and Endometriosis.
- **1999: January 2001:** Chairman of the organizing committee of the **First and Second Workshop on Endoscopic Gynecologic Surgery** at the King Abdulaziz University Hospital.
- As a coordinator of CME committee: in 1997 I have organized several mini-symposium addressing different topics in Obstetrics and Gynecology:
 - **In 1997:**
 - Infectious diseases in Obstetrics and Gynecology"
 - Menorrhagia"
 - Endometriosis"
 - **In 1998:**
 - The Menopause
 - Ovulation induction.
- **Workshop on Male Infertility and the Gynecologist, the Saudi Fertility Society October 1999.**

- **1992:** Organizer of two weeks courses on Ultrasound in Obstetrics and gynecology” Conducted by the Saudi Obstetrics and Gynecology Society, held at King Abdulaziz University hospital.

❖ **Workshops and Courses in Medical Education:**

1994: Curriculum Setting and development: Program course 27.April.1994.- King Abdulaziz University.

1996: Information Net Technology, Program 1996- King Abdulaziz Univeristy.

2007: Practical Ways to Plan and outcome –Based Medical Education. Faculty of Medicine – King Abdulaziz University.

2007: Written Assessment in Integrated Curriculum, King Abdulaziz University Jeddah.

2007: How to Design and Item Bank (Exam bank), King Abdulaziz University, Jeddah KSA.

❖ **Meeting & Symposium & Workshop attended:**

- **2013:** Bringing Cutting Edge to azzDaily Practice in Gynecology Cancer Surgery, King Abdulaziz University Hospital 1-2 January 2013.
- **2013:** 1st Congress of the Saudi Maternal Fetal Medicine Group, 5th-6th February 2013 (24th-25th Rabi Al Awal 1434). King Faisal Specialist Hospital & Research Center.
- **2012:** Fetal ECG, First International Conference on Controversies in Maternal-Fetal Medicine. Crown Plaza Hotel, Jeddah (23-24th February, 2012).
- **2012:** First International Conference on Controversies in Maternal-Fetal Medicine. Crown Plaza Hotel, Jeddah (23-24th February, 2012).
- **2011:** Obstetrics & Gynecology – Conference- SA. 8th -11th, January 2011, Riyadh- Marriot Hotel – SA.
- **2011:** Basic Obstetric Ultrasound Workshop, King Abdulaziz University Hospital, 25-26 April 2011.
- **2011:** Ethics related to Obstetrics & Gynecology. North West Armed Forces Hospital April 2011- Prince Khalid Bin Sultan Medical Education Center. Obstetrics and Gynecology Department.
- **2011:** Reproductive Medicine in the 21st Century Conference & Workshop, Department of Reproductive Medicine, Dr Soliman Fakeeh Hospital, January 2011.
- **2010:** Controversies in Obstetrics and Gynecology, Berlin 2010
- **2010:** 3D VISUS course (Vienna International School of 3 D Ultrasonography, May 3rd 2010, Vienna.
- **2010:** 5th International Gulf Congress in Obstetrics and Gynecology 19th Annul Scientific Meeting. February 2010, - SOGS.
- **2010:** 3rd International Symposium of IVF& Andrology 2010 “More than 20 years experience. 4th-5th February 2010.
- **2009:** Introduction to organizational project management, Ersan Hotel, Bodrum-Turkey.
- **2008:** Current update in Obstetrics and Gynecology, Ministry of Health, Madina Al Menoura, Hilton Hotel, May 2008.

- **2008:** The 2nd TAIF National Diabetes Conference, King Abdul Aziz Specialist Hospital. 18-19 March 2008.
- **2008:** The 12th Congress on the Menopause, Madrid 2008. 19th to 23rd 2008.
- **2008:** “Update in Gynecology & Women’s health” 15th October 2008, King Faisal Specialist hospital & Research Centre.
- **2007:** International Symposium "Fetal Medicine Cairo 2007" International Congress, Cairo, Egypt.
- **2007:** Fetal Echocardiography ISUOG course. 4th -7th May 2007, Cairo, Marriott Hotel.
- **2007:** Second Trimester FMF/ISUOG course 4th-7th May 2007, Marriott Hotel.
- **2007:** "**Clinical Management of Uterovaginal Anomalies & Endometriosis**" Lectures, King Faisal Specialist Hospital and Research Center- Jeddah, the 1st International Congress on Gynecology & Andrology, Jeddah.
- **2007:** The 4th International Gulf Congress in Obstetrics and Gynecology & The 16th Annual General Meeting & Scientific Sessions. Al Meridian Hotel, Jeddah.
- **2007:** The 6th GCC Medial Education Conference and the 2nd Meeting of The Saudi Medical Education Society. 2-7 November 2007.
- **2007:** Alternative Management of Primary Menorrhagia, Evidence Based Approach Symposium. 6th February 2007.
- **2007:** Gynecologic Laparoscopic Surgery Course, March 31st to April 4th 2007, King Abdul Aziz Hospital & Oncology Center.
- **2007:** The 1st International Congress on Gynecology & Andrology, Intercontinental hotel, Jeddah, 18th-20th 2007.
- **2007:** Clinical management of uterovaginal anomalies & Endometriosis lectures. 19th July 2007.
- **2006:** 1st International Ob/Gyn Symposium “Practical Update” Saudi German Hospital, Jeddah, Saudi Arabia.
- **2006:** Women’s Health Update 2006, 19th May 2005, King Faisal Specialist & Research Center, Jeddah.
- **2006:** Recent Advances in the Technology of IVF and Reproductive Medicine, 25th – 28th March, Dallah Hospital, Riyadh, Saudi Arabia.
- **2005:** Women Health Issues, Hilton Hotel, Jeddah.
- **2005:** Update on human Reproduction, 28th April 2005, Jeddah Marriot Hotel.
- **2004:** "**International Congress on Menopause**" in Thailand. in March 2004.
- **2004 March:** Chairperson in the First Saudi International Transfusion Medicine Symposium held at King Abdul-Aziz University hospital, Jeddah.

- **2003:** July: Legal Issues In Religion Issues, Westen Hotel, Jeddah, Saudi Arabia.
- **2003: 24-27 March:** 4th Congress on Controversies in Obstetrics and Gynecology and Infertility held in Berlin, Germany.
- **2003:** Religious Issues in the practice of Obstetrics and Gynecology, July 2003, Westen Hotel, Jeddah.
- **2001:** The IV Congress of the Arab Association of Ob/Gyn Societies & The Annual congress of the Lebanese society of Ob/Gyn, Beirut, Lebanon, 20-22 September.
- **2002:** “Preterm Delivery” Causes, Identification & Management, 29th -30th October 2002.
- **2003:** Controversies in Obstetrics & Gynecology and Infertility, Berlin, Germany 24th-27th April 2003.
- **1997: 24-25 December:** The First International Symposium on 3 D Ultrasound, Cairo.
- **1996:** Courses on Advances in Medical Genetics, Cardiff, UK.
- **1994 November:** Symposium on Thalassanemia at King Abdul-Aziz Hospital and Oncology Center- Jeddah - Saudi Arabia.
- **1994 May:** The 4th Annual General Meeting. Saudi Obstetric & Gynecology Society. El Khobar.
- **1994 May:** Pan African Maternal Child Health Conference - Cairo, Egypt.
- **May 1993:** The 3rd Annual General Meeting. Saudi Obstetric & Gynecology Society. Riyadh - Saudi Arabia.
- **November 1993:** The second Prince Salman Bin Abdul-Aziz Hospital Symposium (International). Riyadh.
- **November 1992:** Modern Nutrition in Health and Disease. Maternity Hospital, Jeddah
- **1991 November:** First International Congress of Perinatal Medicine, Tokyo-Japan
- November 1991: Nutrition at stages of life. Maternity Hospital, Jeddah.
- May 1991 : The 1st Annual General Meeting. Saudi Obstetric & Gynecology Society. Jeddah - Saudi Arabia.
- January 1989 : “Maternal and Child Health Care”, Jeddah.
- January 1988 : Some aspects of gynecological practice.

- November 1988: Immunology and immune disorders, Clinical practice. Jeddah.
- January 1989 : “Maternal and Child Health Care”, Jeddah.
- February 1987 : The Islamic Medical International Conference “ Islamic legalization & the Current Medical problems” Cairo, Egypt.
- April 1987: Theoretical & Practical Course on Doppler blood Flow Measurement in Pregnancy. Institute of Obstetrics and Gynecology, Queen Charlotte’s Maternity Hospital, London, UK.

❖ **Special courses & Workshop attended:**

- **2007:** Workshop on How to Design an Item Bank, Medical Education Unit,, King Abdul-Aziz University.
- **2007:** Workshop on Written Assessment in Integrated Curriculum, Medical Education Unit,, King Abdul-Aziz University.
- **2007 March:** Second Trimester FMF/ISUOG course, Fetal Medicine Course, Cairo, Egypt.
- **European Diploma in Laparoscopic Surgery in Gynecology:** January 2003.
- **1997:** Assisted Reproduction & Reproductive Failure, May 20th-21st 1997, King Fahad National Guard Hospital.
- **1998, 9-20 May:** The Third Molecular Biology Course in Collaboration with Tufts University, At King Fahad Medical Research Center.
- **1996 March :** Workshop on Application of Molecular Biology to Medicine. King Fahad Medical Research Center, Faculty of Medicine and Allied Health Sciences, King Abdul-Aziz University, Jeddah - Saudi Arabia, in Collaboration with Tufts University, Boston - USA.
- **1996 March:** British Council International seminar “**Advances in Medical Genetics**” Cardiff, United Kingdom.
- **November 1997:** Middle East Fertility Society Annual Symposium, Dubai, UAE.
- **1995 Jan:** Workshop in IVF and Assisted Conception Techniques. Faculty of Medicine and Allied Health Sciences, King Abdulaziz University, Jeddah - Saudi Arabia in Collaboration with Tufts University,
- **1994: 23-24 of April: Course on Development and Evaluation of Curriculum:** at The University Center For Curriculum Development.

- **1994 December:** Practical Course on Endoscopic Surgery. Erfan Bagado Hospital. Jeddah Saudi Arabia.
- **1992:** Physiology and Pathology of Fetal Heart Patterns in pregnancy and in labor (Part 1”). Saudi German Hospital, 29th November 1992.
- **1992:** King Fahad Military Hospital, Jeddah.
- **1993 August :** Visiting Staff to the Fetal Medicine Unit, and fetal echocardiography Unit at Tufts University, Boston, USA. For a period of four weeks.
- **Honorary Consultant in Fetal Medicine at institute of Obstetrics and Gynecology, Queen Charlotte Hospital London, UK:** For a period of 12 month in 1990 (Sabbatical Leave): During this year I was member in the team of in the Fetal Medicine Unit is a referral unit for tertiary diagnostic scanning, genetic counseling and intrauterine treatment of cases. At the end of this year I was awarded Certificate of completion of training in Ultrasound and Fetal Medicine from the institute of Obstetrics and Gynecology, Queen Charlotte Hospital.
- **1987 March :** Theoretical and Practical course on Doppler Blood flow movement in pregnancy. RPMS. Institute of Obstetrics & Gynecology University of London. UK.

xi. Presentations and Papers Read In Scientific Meetings:

❖ **In 2009:**

“**High Risk Pregnancy: New Trends in Diagnosis & Management**” Riyadh Marriot Hotel, Saudi Arabia.

❖ **In 2008:**

"**Successful Ageing the Role of Gynecologist**" The annual Meeting of the Saudi Obstetrics and Gynecologic Society, Al Hamra Hotel, April 2008

"**Stem Cells Ethical and Scientific Issues** " The annual Meeting of the Saudi Obstetrics and Gynecologic Society, Al Hamra Hotel, April 2008

“**Obstetric Practice and Eye Birds View**” Meeting on Up date in Obstetrics and Gynecology, Ministry of Health, Madina Menoura, May 2008

❖ **In 2007:**

Update on Fetal Medicine Symposium, Maternity Children Hospital Jeddah, Saudi Arabia. 1st and 22nd 2007.

"**Successful Ageing the Role of Gynecologist**" The 5th International Symposium on Update in Obstetrics and Gynecology, Military Hospital, Riyadh, 29th of October

"Stem Cells Ethical and Scientific Issues "The 4th International Gulf Congress in Obstetrics and Gynecology and The 16th Annual General Meeting & Scientific Session of the SOGS, Meridian Hotel, Jeddah.

"Cord Blood Banking, ethical Issues" Annual International Symposium on Infertility, Jeddah Hilton Hotel.

"Cardiac Diseases in Pregnancy" Symposium on Safe Motherhood, King Fahad Hospital, Al-Baha, Saudi Arabia

"History of Contraceptive Pills" Family Planning Symposium and Workshop, Maternity Hospital, Jeddah,

PGD Ethical and Medical Issues" Update on Fetal Medicine Symposium: , Maternity Hospital, Jeddah,

PGD Ethical and Medical Issues. Combined meeting of the RCOG reference committee of SA and Egypt in March 2007.

Alternative Management of Primary Menorrhagia, Evidence Based Approach, Symposium. 6th February 2007.

❖ **In 2006:**

"Gestational Diabetes, Facts and Fiction"4th Annual International Women's Health Update Conference: King Faisal Specialist Hospital Jeddah, Saudi Arabia,

"PGD Ethical Issues" Recent Advances in Reproduction-International Symposium- Dallha Hospital- Riyadh, March 2006.

Family planning symposium and workshop, Maternity & Children hospital Jeddah, September 19th – 20th 2006.

"The 4th Annual International Women's Health Update Conference" King Faisal Hospital and Research Center- Jeddah.

Safe Motherhood, 20th April 2006, King Fahad Hospital, Al Baha, in Collaboration with King Abdulaziz University Hospital Jeddah Ob & Gyn Department.

Islamic Medicine –Application – King Abdulaziz University – Faculty of Medicine.

❖ **In 2005:**

"Aging Women-Global Perspective" , Hilton Hotel, Jeddah, 5th National Osteoporosis Symposium, .

"Preterm Labor" Symposium on Updates on Human Reproduction, Marriot Hotel, Jeddah.

"Antenatal Care" Symposium on Strategies for Achieving Safe Motherhood, Prince Abdulla Bin Abdul-Aziz Hospital, Bisha.

Women Health Issues, Dr Erfan and Bagedo hospital. 10th- 11th of March 2005.

5th National Osteoporosis Symposium, Jeddah, May 27th 2005, Dr Erfan and Bagedo Hospital.

2005: Management of Erectile Dysfunction- Gyn& Anro International congress.

Update on Women Health- Gyn& Anro International congress.

Sex Today and Tomorrow- Gyn& Anro International congress.

❖ **In 2004:**

"Recurrent Miscarriage" Symposium on Recent Advances in Reproduction- International Symposium- Dallha Hospital- Riyadh.

"Intrapartum Care" 7th -9th December 2004, Maternity & Children hospital Jeddah, Saudi Arabia.

❖ **In 2003:**

Lecturing on:

"Gestational Diabetes-Facts or Fiction"

"Ethical Issue in Prenatology"

"Recurrent Miscarriage-where do we stand".

Symposium on Recent Advances in Obstetrics and Gynecology Held at Military Hospital-Riyadh.

"Update on Medical Education" Annual Resident Day, Security Forces Hospital, Riyadh.

Intensive Review Course in Obstetrics and Gynecology, Dallah Hospital, 20th-25th 2003.

❖ **In 2002:**

"Ethical Dilemma in Perinatal Medicine" Symposium on **"Preterm Delivery: Causes, Identification & Management"** held at King Faisal Specialist Hospital, Riyadh.

"Gestational diabetes, facts and fictions"

"Fetal programming of adulthood diseases"

Symposium on **"Update on High-Risk Pregnancy"** at King Abdulaziz University Hospital, Jeddah.

"Ultrasound in the First Trimester Diagnosis". Dealma Medical and Dental Course on Ultrasound, Jeddah- Intercontinental Hotel.

"Research Strategy in Health Care Facilities, Challenges Opportunities"

"Instructor of Workshop on "How to write a Research Proposal"

By invitation to the Military College of Health Sciences in Dhahran.

Preterm Delivery, Causes, Identification and Management. 29th- 30th October 2002.

Update on High Risk Pregnancy, King Abdul Aziz hospital & oncology Center, 8th - 9th October 2002.

❖ **2001:**

Women's health Future, Maternity Children Hospital, Jeddah, 24th -25th 2004.

❖ **In 1999:**

'The Rise and Fall of Ovarian function' The Third Annual Meeting of the Saudi Fertility Society, Jeddah, Research Center.

'Raloxifene and HRT' The second Annual Meeting of the Middle East Osteoporosis Society Jeddah.

❖ **1995:**

Diabetes in Pregnancy in Arabian Gulf Countries – Controversies in Diagnosis and Management- Saudi Arabian National Guard Club, King Fahad National Guard Hospital Ministry of Health, Riyadh.

❖ **1998:**

The First Gulf International Congress in Obstetrics and Gynecology, 27th -30th April 1998. King Fahad Medical Research Center, Jeddah.

❖ **In 1989:**

"Preconception and Pre implantation Diagnosis" The Fifth Annual meeting of the Middle East Fertility Society, Amman, Jordan.

"Endoscopic Ovarian cystotomy (Ovarian drilling) in the management of polycystic ovarian syndrome" The 2nd Annual Meeting of the Saudi Arabian Fertility Society, Jeddah.

"Experience at KAU management of 120 of pregnant diabetics" Maternal & Child Health Care symposium, Maternity Hospital Jeddah.

❖ **In 1988:**

"Advances in Prenatal Diagnosis" Symposium on Reproductive Medicine in the 21st century, Jeddah 20-22 of October 1998.

"Prenatal diagnosis, its Potential impact on the prevalence and management of congenital anomalies" The First Gulf International Congress in Obstetrics and Gynecology-8th Annual Meeting of Saudi Obstetrics Gynecological Society-Jeddah.

"Glycosylated hemoglobin in Normal and diabetic pregnancy", The first Italian-Arab Gynecological and Obstetrical Conference, Rome the 19-22 June 1988.

Immunology and Immune Disorders in Clinical Practice, King Abdulaziz University, Jeddah, 15-16th November 1988.

Induction of Ovulation-Update, 11 December 1998, Al-Fao Holiday, Jeddah.

❖ **In 1997:**

"Alpha One Anti-Trypsin Deficiency as an example for Preimplantation genetic Diagnosis" December 97 " The Fourth Annual International Congress of The Pediatric Society Of Hepatology & Gastroenterology, Cairo 18th of December.

"Prenatal Diagnosis" International Symposium on Assisted Reproduction & Reproductive Failure. Riyadh, Saudi Arabia.

"Calcium Regulating Hormone and PTHrP in normal human pregnancy and postpartum: longitudinal Study" May 1997 : The Association of Clinical Biochemists Annual Scientific, Meeting & Exhibition. Birmingham, U.K. - Ardawi M, Nasrat H, Ba'Aqueel H.

"Metabolic Control in Type 2 Diabetes Mellitus" Ardawi M, Nasrat H, Mira SA. Nocturnal Serum Thyrotropin and.

"Vitamin D Status and Calcium Regulating Hormone in Diabetic Pregnancy"- Ardawi M, Nasrat H, Ba'Aqueel H.

"Prenatal Diagnosis Vs. Preimplantation Diagnosis" March 1997, Reproductive Medicine in the 21st Century, International Symposium Jeddah, Saudi Arabia.

"Ultrasound Fetal Biometry of Arabian vs. Anglo-Saxon fetuses (14 - 40 weeks)" Symposium on Recent Advances in Obstetric & Gynecological Ultrasound" King Fahad National Guard Hospital, Riyadh.

Infectious Disease in Obstetrics and Gynecology. King Fahad Research Center 29th October 1997.

Assisted Reproduction & Reproductive Failure, 20th-21th May 1997, National Guard Hospital, King Fahad hospital.

Reproductive Medicine in the 21st Century, Al Salama hospital, 11th -13th of March 1997.

❖ **In 1996:**

Nutritional status and dietary habits of adolescent girls in Taif , November 1996: APAHA 124th Annual Meeting, New York. Madani K, Khashoggi R, Al-Nowaiser A, Nasrat H, Khalil M, Abalkhail B.

"A prospective study of blood pressure (BP) in primigravidas in Jeddah, Saudi Arabia" In the 10th World Congress, Hypertension in Pregnancy. International Society for the Study of Hypertension in Pregnancy. Seattle, Washington USA.

"Ultrasound Fetal Biometry of Arabian vs. Anglo-Saxon fetuses (14 - 40 weeks)" The 6th Annual General Meeting. Saudi Obstetric & Gynecology, Society. Jeddah - Saudi Arabia.

"Low Birth Weight in Taif Region" Symposium on Nutrition and Community Health, Maternity & Children Hospital, Jeddah, Saudi Arabia.

The 6th Annual Scientific Meeting of the Saudi Obstetrics & Gynecology, 14th-16th May 1996.

Nutrition at the various Stages of life: Maternity Hospital, Jeddah.

Recent Advances in Obstetrics & Gynecological Ultrasound, 1996, King Fahad National Guard Hospital.

❖ **In 1995:**

- **"Anthropometrics measurements of newborns of gestational diabetic mothers. Does it indicate disproportionate growth" .**
- **"Evaluation of Determinants of pregnancy outcome in patients with gestational diabetes"**
- **"Resolution of the 100 g GTT in a high risk population"**

International Symposium on Diabetes in Pregnancy in Arabian Gulf Countries, Controversies in Diagnosis and Management. National Guard Hospital, Riyadh, Saudi Arabia.

❖ **In 1994:**

"Thalassemia & Hemoglobinopathies in pregnancy" Symposium on Thalassemia at King Abdulaziz Hospital and Oncology Center- Jeddah - Saudi Arabia.

*"Low birth weight in Taif region" Presented at the **American Public Health Association, Annual Meeting, Washington DC. USA. October 1994.** Nasrat H. Madani K, Al-Nowaisser AA, Khashoggi RH, AbalKhail B: Saudi Arabia.*

"Gestational diabetes is it a disease ?" The 4 the Annual General Meeting. Saudi Obstetric & Gynecology Society. El Khobar.

"Low birth weight in Taif region, Saudi Arabia" Pan African Maternal Child Health Conference - Cairo, Egypt, Nasrat H. Madani K, Al-Nowaisser AA, Khashoggi RH, AbalKhail B.

1994: The fourth Annual meeting of the Saudi Society of Obstetrics and Gynecology, King Faisal University, Dammam.

❖ **In 1993:**

"Fetal Malformations at KAUH - 2 years experience" International conference on Maternal & Fetal health. Jeddah.

"Nutrition and Man's health" Maternity Hospital, Jeddah.

- **"Gestational diabetes .. is it a disease?"**
- **"Abnormal intermediary metabolism post gestational diabetic pregnancy".**

The second Prince Salman Bin Abdul-Aziz Hospital Symposium (International).
Riyadh.

International Conference on Maternal & Fetal Health. Armed Forces Medical Services Dept, King Fahad Armed Forces Hospital, Jeddah- Saudi Arabia.

Gestational Diabetes: Second Prince Salman Bin Abdulaziz Hospital Symposium, Prince Salman Bin Abdulaziz Hospital, Riyadh, SA.

❖ **In 1992:**

"Fetal Origin of Adulthood Diseases" Symposium on Modern Nutrition in Health and Disease. Maternity Hospital, Jeddah.

Family & Community Medicine: 11th April 1992.

❖ **In 1991:**

" Nutrition at stages of life" Maternity Hospital, Jeddah.

" Nutrition and Society Health" Maternity Hospital, Jeddah.

"Iron over load following intra-uterine fetal transfusion" The 1 st Annual General Meeting. Saudi Obstetric & Gynecology Society. Jeddah.

❖ **1990:**

The first conference of the Saudi Obstetrics and Gynecology Society, "Care during Labor".

❖ **In 1989 :**

- **"Fetal heart rate nonspecific deceleration during non-stress testing"**
- **"Glucose insulin and C-peptide response during a 75 g OGTT in high risk pregnancy" .**
- **"Multiple pregnancy"**
- **"Experience at KAUH in management of 120 pregnant diabetics"**

Symposium on Maternal and Child Health Care", Jeddah.

❖ **In 1988:**

"Fetal viability-Point of view" Symposium on Fetal Wastage. Jeddah.

"Glycosylated hemoglobin in normal and diabetic pregnancies" The First conferenza Italo - Araba Di Obstetricae Ginecologia. Rome - Italy

❖ **In 1987:**

"Effect of Ramadan fasting on plasma progesterone and prolactin" The Islamic Medical International Conference " Islamic legalization & the Current Medical problems" Cairo, Egypt:

"Muslim fasting and sexual desire in Rates" Suliman M, **Nasrat H**, Zahir F.

❖ **In 1986:**

"Pelvimetry...to do or not to do" Some Aspects of Obstetric Practice, Jeddah, KAUH.

Invited Speaker by the King Abdulaziz University:

- Lecturer on **"Ethic of Research"** by the center of development and education of the KAU on two consecutive years 2011 and 2012.

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Nasrat H., Al-Hachim G., Mahmood F., Perinatal effects of nicotine. *Biology of the neonate*. 1986: 49, 8-14.

Nasrat H. Glycosylated hemoglobin in normal pregnancy and screening for gestational diabetes. *New Trends in Gynecology and Obstetrics*. 1989: V, 55-62.

Nasrat H., Ajabnoor H., Aradawi M., Fructosamine as a screening test for gestational diabetes: A reappraisal. *International Journal of Gynecology and Obstetrics*. 1990: 34, 27-33.

Nasrat H., Sabbagh S., Aradawi S., New criteria for interpretation of the 75g oral glucose tolerance test in pregnancy. *Metabolism*. 1990: 39, 51-57.

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Aradawi M., **Nasrat H.**, Mira S., Fatani H., Comparison of glycated fibrinogen, albumin and hemoglobin as indices of blood glucose in diabetic subjects, *Diabetic Medicine*. 1990: 7, 819-824.

Nicolaidis P., **Nasrat H.**, Tannirandorn Y., Fetal Acardia, aetiology, pathology and management. *Journal Obstetrics and Gynecology*. 1990: 10, 518-525.

Tannirandorn Y., Nicolini U., Nicolaidis P., **Nasrat H.**, Letsky E., Rodeck H.C., Intrauterine death due to fetomaternal haemorrhage despite successful treatment of fetal anemia. *Journal of Perinatal Medicine*. 1990: 18, 233-235.

Warda A., **Nasrat H.**, Fetal heart rate deceleration during antenatal cardiotocographs in high risk pregnancy. *Journal of Obstetrics and Gynaecology*. 1991: 11, 177-181.

Nasrat H., Aradawi S., Sabagh S., Loss of growth hormone responsiveness to normal physiological stimuli during pregnancy. *Gynaecol. Obstet. Invest.* 1991: 32, 148-152.

Warda A., Abduljabbar, **H. Nasrat**, H. Omar, Hydrops fetalis due to diamond blackfan syndrome. *Current Obstetrics and Gynaecology*. 1991: 1.

Nasrat H., Nicolini U., Nicolaidis P., Letsky E., Gou G, Rodeck C, The effect of intrauterine intravascular blood transfusion on iron metabolism in fetuses with Rh alloimmunization. *Obstet. Gynaecol.* 1991: 77, 558 - 562.

Nasrat H., Bloxam D, Nicolini U, Williams N, Tannirandorn Y, Nocilaides P, Rodeck C, Midpregnancy plasma zinc in normal and growth retarded fetuses - A preliminary study. *Br. J.Obstet. Gyn.*1992: 99, 646 - 651.

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Khasghoggi RH, Madani KA, Al-Nowaisser A, **Nasrat H.**, Khalil H, Contraceptive usage during lactation in Saudi Arabia. *J. Islamic Medical Association .*1993: 25, 65-68.

Ramadani H, **Nasrat H.**, prenatal diagnosis of recurrent Meckel syndrome. *Int. J Gynecol Obstet*, 1992: 39, 327 - 332.

Khoja SM, Baroum SH, Salem SI, **Nasrat H.**, Iron status in pregnant Saudi Arabian women in Jeddah Area. *Saudi Medical Journal.*1994: 15, 43-47.

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Fagiha W, **Nasrat H**, Marzoogi A. Mortality Among Women with Hearth Diseases. Accepted for publication in the Saudi Heart Journal.1999.

Nasrat H, El Noury A, Nabil B, Shobokshi A, Mansoury N. Ultrasound Biometry of Arabian Fetuses (14-40 weeks). Do we need to have our own charts? Submitted for the Annals of Saudi Medicine 1999.

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M.S.N. Ardawi, **Nasrat H. A.**, Jamal H.S., Al-Sagaaf H.M., Mustafa B.F. Screening for gestational diabetes meillitus in pregnant females. Saudi Med J 2000; 21, 155-160.

M.S.N. Ardawi, **Nasrat H.A.**, Rouzi A.R., Mustafa B.F. Are women at increased risk of gestational thyrotoxicosis? Saudi Med J 2002; 447-453.

Damanhoury LH, Dromey J, Christie M, **Nasrat H. A**, Ardawi MSM Todd I. Autoantibodies to GAD and IA2, and cytokines in Saudi Arabian Diabetic patients. Submitted to Diabetic Medicine 2002.

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- **Nasrat H** Gestational diabetes (part II)-Validity of the diagnostic criteria. Issue # 1, 2002, P 53.
- **Nasrat H** Gestational diabetes (part I)-The clinical implication of the diagnosis: an evidence based approach Issue # 1, 2002, P 55.
- **Nasrat H.** Fetal origin of adulthood disease. Issue # 1, 2002 page 65.
- **Nasrat H.** Ethical Dilemma in perinatology.
- **Nasrat H.** Common benign breast disease
- **Nasrat H** Genetic risk of breast Cancer
- **Nasrat H** Preemptive Care for Women at Increased Risk Of Breast Cancer
- **Nasrat H** Part I: Genetic Causes of Ovarian Failure-Abnormal Karyotype
- **Nasrat H** Part II: Genetic Causes of Ovarian Failure- Normal Karyotype

MSM ARdawi, AA Maimany, TM Bahksh, **HNN Nasrat**, WA Millaat and RM Al Raddadi. Bone Mineral Density of the Spine and Femur in Healthy Saudi Arabs. Accepted for publication in Osteoporosis International 2004.

Hegazi Maha, **Nasrat H.** Heart Rate Variability (HRV) in young healthy females with primary dysmenorrheal. Bull. Alex. Med. 43 No3, 2007.

MSM ARdawi, **HA Nasrat**, AA Rouzi, MH Qari, MH Al Qahtani, AM Abuzenadah. The effect of cigarette or sheesha smoking on first trimester markers or Down syndrome. BJOG Volume VI, N 1 (2008) 44-49.

Book Review:

- For Saudi Medical Journal (By Editor Request): “ In Vitro Fertilization and Embryo Transfer” by wood C, Ed., Churchil Livingston, 1984.

Chapters in Reference Book:

Nasrat Hassan Chapter 16; Physiology of Reproduction, in Concise Human Physiology:
Text for Medical Students, Ed. By Sukker M., Y Munshid and Ardawi M.S.M.
Blackwell’s for Scientific Publications, Oxford 1993.

Books in Arabic:

“Modern Approach for maternal and Fetal Care” by **Nasart Hassan & Madani Khalid**

Books:

Author of Textbook of Obstetric for undergraduate
And Textbook of Gynecology for undergraduate

Both books have been approved by the university council as references textbooks for undergraduates students.